



RIVERSIDE MEANS A LOT OF
WONDERFUL THINGS TO OUR
FAMILY. IT IS A PLACE WHERE
THERE ARE SPECIAL PEOPLE
WHO NEED HELP FROM OTHERS

AND IT'S A PLACE OF *hope*
AND *love* AND
compassion.



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Executive Director

Deborah Rogers, LCSW
Associate Director

January 2011

Dear Friends:

We're happy to present to you our Annual Report for the period covering July 2009 thru June 2010. We hope you will find it informative and that it gives you a better understanding of the programs we provide to the adults with developmental disabilities we serve.

This year was challenging, to say the least. Ongoing cash flow issues caused by the State of Illinois budget deficit resulted in our need to borrow money to meet our operating expenses. In order to eliminate the major deficit we experienced in the prior year, we cut several staff positions, curtailed salary increases, and revamped the way we purchase goods and services necessary to the operations. We were able to significantly reduce our worker's compensation insurance costs. As you will see, these changes made a significant difference in our financial picture.

Throughout the annual report, we have highlighted several new programs and opportunities available to the residents. House of Hope K-9 Rescue in Gurnee has been providing pet visits to the residents for 2 years, but in the past year, we have started individual therapy to improve language expression, social skills, and leisure time for several of the residents.

Another great addition is the Circles Program which teaches residents appropriate interaction skills with people based on their specific relationship. The program utilizes a curriculum of discussion, art projects, role plays, and other tasks to teach residents how to interact appropriately with family members, acquaintances, and strangers. Several other programs such as art therapy and music therapy are helping the residents to express feelings, concerns, and happiness using creative methods. Through the generosity of a volunteer, we have also been able to have the residents get involved in mild yoga classes, designed to help with relaxation, flexibility, and strength.

Ongoing support of our programs is extremely important to preserving the quality and breadth of our services. We thank you once again for your personal, corporate, or organization's help, whether it is financial, volunteer, or in-kind assistance. You are the difference that makes us special.

Sincerely,

Pete Mulé
Executive Director

Deborah Rogers
Associate Director



Riverside Foundation: Who We Are

The Riverside Foundation is a not-for-profit, community-based organization serving adults with moderate to severe developmental disabilities through the provision of high-quality residential care and individualized developmental training services.

Our mission is carried out by:

- Creating a caring and respectful home environment
- Developing independent living skills
- Providing nursing supports
- Providing educational, developmental, and recreational activities
- Developing interpersonal and social skills
- Encouraging participants in work activities

Since 1976, the Riverside Foundation has supported adults with developmental disabilities at our residential facility in Lincolnshire, Illinois. Since our founding, we have provided a home and supportive services for more than 400 adults with developmental disabilities. Through Riverside Developmental Services, located in Vernon Hills, Illinois, we have provided

opportunities for our residents and other adults with developmental disabilities in our area to develop skills and assume responsibilities for real-life work.

The Riverside Foundation is a member of the Greater Lincolnshire Chamber of Commerce and the Green Oaks, Libertyville, Mundelein, and Vernon Hills Area Chamber of Commerce. Funding for our programs and services is provided by the Illinois Department of Human Services and through donations from individuals, businesses, and community organizations.

The Riverside Foundation does not discriminate against anyone due to race, creed, or color in providing its programs. The agency is licensed by the Illinois Department of Public Health and is certified by the U.S. Department of Health and Human Services as an Intermediate Care Facility for Developmentally Disabled. Riverside Developmental Services is licensed by the State and the United States Departments of Labor as a Work Activity Center and certified by the Illinois Department of Human Services as a Developmental Training Program.

our mission

RIVERSIDE FOUNDATION WILL PROVIDE QUALITY SERVICES AND SUPPORT TO ADULTS WITH DEVELOPMENTAL DISABILITIES, ENSURING OPPORTUNITIES FOR INDIVIDUAL CHOICE AND WITH COMMITMENT TO PROVIDING THESE SUPPORTS IN A POSITIVE AND CARING ENVIRONMENT.



RIVERSIDE IS NOT SIMPLY
A RESIDENCE; IT IS TRULY
A *home* IN EVERY
SENSE OF THE WORD.

Residential Services

The Riverside Foundation residential facility, located in Lincolnshire, was founded in 1976 and has grown and developed into a vibrant special needs community. The supportive atmosphere of our residential facility emphasizes individual autonomy within an environment of professional care. We currently serve 97 adults in our residential program.

Our residential program is specifically tailored to each resident's unique needs and individual strengths. Residents help design their individualized program and incorporate their own goals and interests to help them grow towards independence. As part of our residential program, we provide professional intake, assessment and supervisory services, individualized care plans, structured activities designed to increase functional independence, and 24-hour a day nursing. Our program integrates social services, specialized therapies, recreation, and medical services to meet any physical, emotional, and psychological challenges facing our residents.

Our Interdisciplinary Team strives to maximize responsibility and independence in our supportive setting. Resident teams are based on similar abilities and interests and engage in productive life-skills training and recreational activities.

Riverside is not simply a residence; it is truly a home in every sense of the word. Many of our residents came to Riverside as young people and are now senior citizens. Over half of our residents have resided at Riverside for 20 years or longer. We consider our residents to be members of the Riverside family, and we are committed to providing the people in our care with an enriching living and learning environment built upon a methodology of compassion and respect and supportive of individual choice and self-sufficiency.

Riverside has added several new programs this year to provide our residents with new opportunities. These programs include:



Pet Therapy Following the wonderful experiences we have had with therapy dog groups, Riverside worked with House of Hope K9 Pet Rescue to offer individual pet therapy to our residents. In this program, clients have the opportunity to interact with animals in a therapeutic setting, including working one-on-one with

dogs and walking, brushing, petting, and playing with the dogs. As a result of this program, we have seen a reduction in obsessive behavior, increased ability to attend to an activity, increased interaction and enjoyment, and increased ability to participate in group activities."



Yoga Practice Riverside Foundation has begun offering our residents the opportunity to participate in yoga. Yoga has been practiced for more than 5,000 years and offers many physical and emotional health benefits for people of all ages and abilities. The yoga practice includes physical postures to strengthen, stretch, and improve flexibility. Yoga also includes breathing and relaxation techniques to relax the mind and body. The yoga practice has had a very positive impact for our residents.



Music Therapy Music Therapy helps our residents develop and/or improve their communication, social, emotional, cognitive, and physical skills through various fun musical activities such as singing and playing musical instruments. Music Therapy also provides our residents with sensory stimulation and offers opportunities for positive social interaction with peers in a group setting. Participants have made progress in their individually targeted goal areas, such as learning self-direction skills or improving social skills. Many of our residents love music and sometimes people in the entire room join our session and sing, dance, play drums, and have fun.



Circles Program Circles, a social program, focuses on helping our residents learn to act and interact in self-enhancing ways. The program teaches residents about social distances and levels of intimacy through the use of six color coded circles. The video presentation is fun and interactive, directing clients in making personalized graphs. The program has created a heightened awareness of appropriate social distances and personal boundaries, decreasing reports of inappropriate touching and/or inappropriate physical interactions.

Developmental Services



Riverside Developmental Services (RDS), located in Vernon Hills, was established in 1986 and provides vocational training in a non-competitive, sheltered environment. RDS complements our residential services and provides opportunities for skill development to both our residents and adults with developmental disabilities who reside in other settings. RDS currently serves 120

clients, including our residents, women from a private facility for mentally retarded women in Lake Zurich, and individuals with disabilities who live at home.



RDS provides a work and learning environment that emphasizes individual goals and choices in a non-competitive environment of productivity and accomplishment. Our training staff works with

each client individually, ensuring that the program is tailored to meet each client's personal development needs and is structured to value distinctive talents and recognize individual limitations.



The program fosters a sense of autonomy and self-worth through accomplishment and is a critical factor in pursuing happy, fulfilling lives. Through RDS, the Riverside Foundation partners with local

businesses and organizations, such as the Village of Lincolnshire, ZF Industries, Research International, and KSM Promotions, helping participants acquire skills while providing an able, temporary work force.

The Riverside Developmental Services program has many benefits for the individuals who participate in the program. RDS teaches new skills to participants, helps clients make new friends and acquaintances, imparts independence and a feeling of accomplishment, and provides a pay check to everyone who works. RDS also provides opportunities for the public and the business world to learn more about the talents and abilities of people with disabilities, resulting in increased understanding and acceptance. Our program helps persons with disabilities gain independence, fulfillment, and a feeling of self-worth. Our participants are proud of the work they do and of their contributions to the community through RDS.

OUR PARTICIPANTS ARE *proud* OF THE WORK THEY DO AND OF THEIR CONTRIBUTIONS TO THE COMMUNITY THROUGH RIVERSIDE DEVELOPMENTAL SERVICES.





Pictured Above (left to right)

The Auxiliary's 2009-10 Officers (left to right): Karen Bruns, Vice President; Robin Ekenberg, Treasurer; Leslie Munger, Immediate Past President; Ann Jarvie, President; and Nancy Watson, Secretary

The 2010 Gala helped the Riverside Foundation purchase new furniture for our residential facility.

Auxiliary members Nancy Briggs and Sandy Saltiel joined with Stevenson High School's Spirit Revolution to give Riverside's residents a fun Halloween outing.



Riverside Foundation Auxiliary

The Riverside Foundation Auxiliary is comprised of a circle of caring individuals who are dedicated to helping the clients of Riverside Foundation. The Auxiliary's official role is to advance and promote the welfare of Riverside Foundation through community fundraising, client activities, and volunteer opportunities. The Auxiliary's major fundraisers include the highly popular and successful Spring Gala benefit held annually at Marriott's Lincolnshire Resort and the Holiday Housewalk, a community favorite showcasing some of the area's most impressive homes on an evening in December.

Focusing on new strategies at events such as the 2010 Gala benefit, the Riverside Foundation Auxiliary had a successful fundraising year, despite a challenging economy. The Gala helped the Riverside Foundation purchase new furniture for our residential facility.

Client activities sponsored and/or supported by the Auxiliary include the 4th of July parade and picnic, a Halloween outing, jazzercise classes, birthday celebrations, and special projects to enhance residential life.

Membership in the Riverside Foundation Auxiliary is open to anyone interested in assisting the Auxiliary in its mission to support the Riverside Foundation. Contact the Auxiliary for more information at 847-634-3973 or www.riversidefoundation.net.

Board Members

- Patty Burke
- Nancy Briggs
- Karen Bruns
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- Robin Coseo
- Sue Cutler
- Robin Ekenberg
- Linda Elbin
- Julia Foster Gimbel
- Peggy Gaier
- Diane Geissler
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- Meg McDonough
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- Marcia Resnick
- Sue Roberts
- Bev Seiffert
- Leslie Shulhafer
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- Mary Connelly*
- Cece Currie*
- Ann Flick
- Randey Grossman
- Laura Kasbeer*
- Diane McKee
- Linda O'Brien
- Carol Piccolo
- Merle Roskam*
- Tammy Werner*

*Lifetime Member



Community Connections

Riverside Foundation is rich with resources that provide residents opportunities to integrate within the community. The organizations, groups, and individual volunteers listed below have been exceptionally helpful this year.

Special Recreation Association of Central Lake County

SRACLCLC offers one-time special events and ongoing programs designed for individuals with disabilities. We are able to utilize this resource and pay in-district fees through the support of the Village of Lincolnshire, a continuing SRACLCLC community member. Cheerleading, bowling, crafting, acting in plays, bocce ball, and basketball are just some of the favorite programs residents have enjoyed. Programs occur year-round and are well attended.

Center for Enriched Living This agency in Northbrook provides programs of interest to individuals with disabilities. Several residents are currently involved in Sunday afternoon programs that include cooking, games, current events, and community outings.

Adlai E. Stevenson High School Our residents look forward each year to numerous dances sponsored by student groups. Each dance highlights a season of the year and thanks to the volunteer students from Stevenson, everyone has a great time. Residents have also started attending some of Stevenson's sports activities. In the last several years, students from many different groups coordinate Project Dance, a major fundraiser for Riverside Foundation. Last year over 1,200 students participated in the event and raised over \$62,000 for the agency.

Lincolnshire Garden Club Each season, the Lincolnshire

Garden Club arrives at our residence with their gardening equipment and plans to work with our residents in planting and maintaining our beautiful gardens. The garden club provides the funds and labor to make sure our grounds are lush, lovely, and colorful.

House of Hope K-9 Rescue This not-for-profit organization located in Gurnee brings trained therapy dogs to visit with our residents several times per month. Our residents have gotten to know the dogs very well, and their visits bring a lot of excitement and happiness.

Boy Scouts - Northeastern Council of Illinois The boy scouts visit our residence monthly and involve our residents in games and activities. The boy scouts also invite our residents to their day camp for fishing and other outdoor sports each year. It is a great learning opportunity for the boy scouts, and our residents have a great time.

Camp Red Leaf Run by the Jewish Council for Youth Services, Camp Red Leaf serves individuals with developmental disabilities. This year, over 30 of our residents attended Red Leaf for one week. They returned with wonderful stories of swimming, boating, campfires, and enjoying the experience.

Volunteers They bring a special touch to Riverside Foundation. Some have been paired with residents lacking family visits due to distance or death. The volunteer helps the resident feel that someone cares for them outside the facility. Other volunteers provide craft programs and special activities or participate on some of our committees that require community, such as the Human Rights Committee and Resident Council. We are very grateful to all of our volunteers.



Empowering
REACH THEIR FULL POTENTIAL

ADULTS WITH DISABILITIES TO

Financial Statements

Harold D. Blackburn Inc., CPA – August 26, 2010 Wilmette, IL

I have audited the accompanying Statement of Financial Position of the Riverside Foundation (a non-profit organization) as of June 30, 2010 and 2009, and the related Statement of Activities and Statement of Cash Flows for the years then ended. These financial statements are the responsibility of the Organization's management and directors. My responsibility is to express an opinion on these financial statements based on my audit.

I conducted my audit in accordance with generally accepted auditing standards. Those standards require that I plan and perform an audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating

the overall financial statement presentation. I believe that my audit provides a reasonable basis for my opinion.

Due to space limitations within this annual report, management has elected to omit substantially all of the disclosures ordinarily included in a complete set of financial statements. Additionally, the Organization has omitted the statement of cash flows for the years ended June 30, 2010 and 2009. Presentation of such statements summarize the Organization's operating, investing, and financing activities, and is recognized by generally accepted accounting policies.

In my opinion, the financial statements referred to above present fairly, in all material respects, the financial position of the Riverside Foundation as of June 30, 2010 & 2009 and the results of its operations and the changes in its net assets and financial position for the years then ended in conformity with generally accepted accounting principles.

STATEMENT of FINANCIAL POSITION as of June 30, 2010 & 2009

	<u>2010</u>	<u>2009</u>
ASSETS		
CURRENT ASSETS		
Cash and Cash Equivalents	\$909,686	\$1,120,143
Accounts Receivable	1,782,246	1,396,750
Inventory of Food	<u>2,000</u>	<u>2,000</u>
Total Current Assets	<u>\$2,693,932</u>	<u>\$2,518,893</u>
PROPERTY AND EQUIPMENT, AT COST		
Vehicles	\$247,614	\$233,818
Furniture and Fixtures	468,844	438,548
Equipment	214,781	208,706
Land and Building Improvements	<u>3,548,188</u>	<u>3,477,485</u>
Total	<u>\$4,479,427</u>	<u>\$4,358,557</u>
Less: Accumulated Amortization and Depreciation	<u>2,916,893</u>	<u>2,775,974</u>
Net Property and Equipment	<u>\$1,562,534</u>	<u>\$1,582,583</u>
LONG TERM ASSETS		
Prepaid Deferred Compensation	\$196,550	\$197,100
Loan Fees, net of amortization	4,038	5,468
Security Deposit	<u>17,000</u>	<u>17,000</u>
Total Long Term Assets	<u>\$217,588</u>	<u>\$219,568</u>
TOTAL ASSETS	<u>\$4,474,054</u>	<u>\$4,321,044</u>
LIABILITIES AND NET ASSETS		
CURRENT LIABILITIES		
Accounts Payable and Accrued Expenses	\$264,393	\$282,141
Current Portion of Long-Term Debt	<u>20,472</u>	<u>19,497</u>
Total Current Liabilities	<u>\$284,865</u>	<u>\$301,638</u>
LONG-TERM LIABILITIES		
Deferred Compensation Liability	\$178,867	\$147,135
Note Payable-Mortgage	<u>694,862</u>	<u>715,334</u>
Total Long-Term Liabilities	<u>873,729</u>	<u>862,469</u>
NET ASSETS - UNRESTRICTED	<u>\$3,315,460</u>	<u>\$3,156,937</u>
TOTAL LIABILITIES AND NET ASSETS	<u>\$4,474,054</u>	<u>\$4,321,044</u>

STATEMENT of ACTIVITIES for the years ended June 30, 2010 & 2009

	<u>2010</u>	<u>2009</u>
REVENUE		
Public Aid	\$4,875,449	\$4,848,022
Social Security, V.A. and Private	953,740	884,806
Resident Disregard	58,756	48,340
Program Aid Training	20,283	14,122
Contract Income	<u>79,434</u>	<u>62,198</u>
Total Revenue	<u>\$5,987,661</u>	<u>\$5,857,488</u>
EXPENDITURES		
Nursing Service	\$893,827	\$897,470
Social Service	83,622	66,791
Program Service	1,965,712	1,969,389
Dietary	658,825	669,665
Laundry and Linen	102,043	109,663
Housekeeping	167,147	161,082
Building and Maintenance	585,697	631,163
Administration	791,940	813,951
Employee Welfare	618,243	658,930
Taxes and Interest	<u>295,168</u>	<u>293,201</u>
Total Expenditures	<u>\$6,162,223</u>	<u>\$6,271,305</u>
EXPENDITURES (OVER) / UNDER OPERATING REVENUE	<u>\$ (174,562)</u>	<u>\$ (413,817)</u>
OTHER INCOME / (LOSS)		
Non Allowable Cost	\$(10,000)	-
Fund Raising and Donations, Net	336,389	305,973
Interest Income	8,853	15,522
(Loss) on Redemption of Securities	<u>\$ (2,157)</u>	<u>\$ (19,400)</u>
Total Other Income	<u>\$333,085</u>	<u>\$302,095</u>
EXCESS OF REVENUE OVER / (UNDER) EXPENDITURES	<u>\$158,523</u>	<u>\$ (111,722)</u>
NET ASSETS, BEGINNING OF YEAR	<u>\$3,156,937</u>	<u>\$3,268,659</u>
NET ASSETS, END OF YEAR - UNRESTRICTED	<u>\$3,315,460</u>	<u>\$3,156,937</u>

DONORS - JULY 2009 THROUGH JUNE 2010

Individual Donors

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Dolores Anderson
Peter & Pat Andjelkovich
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B

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Joanne Katsoolias
Nick Katsoolias

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Sandy Saltiel
Richard & Sally Salzer
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TO ENSURE THAT INDIVIDUALS HAVE ACCESS TO CHOICES
THAT PROMOTE THEIR HEALTH, HAPPINESS & INDEPENDENCE.

TO WORK IN PARTNERSHIP WITH FAMILY, VOLUNTEERS &
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TO SUPPORT OUR EMPLOYEES, RECOGNIZE CONTRIBUTIONS
& PROVIDE A PROFESSIONAL WORK ENVIRONMENT.

TO STRENGTHEN FAMILIES BY FACILITATING PEACE OF MIND
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